



Capital District Pediatric Dentistry

where smiles grow.

Jason T. Decker, D.D.S. &
Nancy A. Cavotta, D.D.S. P.C.
Jennifer L. Charlesworth D.M.D.

PREMEDICATION (CONSCIOUS SEDATION) INSTRUCTIONS

Conscious Sedation is used by pediatric dental specialists in the treatment of very young, apprehensive, fearful or uncooperative children. Treatment can then be completed in the most comforting, relaxed and competent manner possible. During sedation your child will be conscious, i.e., vital signs remain normal, protective airway reflexes remain intact, and he/she remains responsive to conversation. In the desired state your child becomes consciously unaware and will have no unpleasant memory of treatment, although he/she may subconsciously react to noises, vibrations, etc. by crying. Please do not be upset should this occur — remember, your child is not consciously aware and will have no lasting memory of his/her dental treatment.

GENERAL POLICIES

1. We must be familiar with your child's complete medical history — including illnesses, medications, hospitalizations and physician/pediatrician.
2. Your child must be free of colds, nasal and chest congestion the day of treatment. If a cold is developing, **YOU MUST CALL THE DAY BEFORE TREATMENT** so we may examine and evaluate your child for treatment.
3. As we have reserved one (1) hour of office time for you and your child, your cancellation of a premedication appointment the day of your appointment or your failure to follow these instructions may result in an office charge even if treatment is not rendered.
4. Your child should have absolutely nothing to eat or drink six (6) hours before planned treatment.
5. Keep your child up late the night before treatment and awaken him/her very early so that your child will be as tired as possible.

DAY OF APPOINTMENT

1. Most of our premedication patients receive medicine at home one hour before reporting to the office. This medicine is usually Vistaril — either in liquid or capsule. This medicine is very helpful to your child as it calms the stomach and helps the other medications work more effectively.
2. Depending upon the medication selected, your child will receive an oral medicine to drink (older children may have a tablet) at the office. Most parents help the dental assistant give the medicine. If your child has a difficult time taking medications please let us know before the appointment.
3. You and your child will wait in the calm area — usually 45-60 minutes for onset of medication. Your child may experience only minor relaxation, may have difficulty walking or sitting, or may fall quietly asleep. **PLEASE WATCH YOUR CHILD CAREFULLY.**

9 Century Hill Drive • Latham, NY 12110 • **ph: 518.785.3911 • f: 518.785.4910**

Specializing in dentistry for infants, children & adolescents

4. After 45-60 minutes an assistant will accompany your child into a treatment room while you remain in the waiting room. It is a universal rule that ALL PREMEDITATED CHILDREN BEHAVE BETTER WHEN PARENTS ARE NOT IN THE TREATMENT ROOM.
5. We will provide your child with stereo headphones, music and sunglasses. We will be constantly monitoring blood pressure and heart rate with sophisticated electronic equipment, as well as respiration and level of awareness.
6. Treatment usually is completed within 30-60 minutes and many teeth can be treated in one visit.

POST SEDATION INSTRUCTIONS

1. Your child may walk back into the playroom to pick a prize, appearing as if nothing has happened, may appear disoriented, or asleep. If your child is asleep, please support his/her head in your arms.
2. Your child may be numb over up to 1/2 the face, but, unaware of this. When he/she becomes aware of the numbness, they may cry saying "it hurts", but NO PAIN OF ANY KIND IS POSSIBLE AT THIS TIME.
3. Make light of the treatment even if your child appears upset — Your child has no clear picture of what has happened. Within a short period of time, your child will have no unpleasant lasting memories.
4. In rare instances, your child may become nauseated, but if you have followed our instructions; nothing to eat or drink for 6 hours prior, he/she should not vomit (stomach is empty).
5. Watch your child at home for the next several hours. The effects of the sedative disappear from the body within 2-3 hours after administration. If your child is sleeping, awaken him/her after 2 hours and keep awake.
6. Your child may experience some tenderness as the numbness wears off so it is very important that you give liquid Tylenol or liquid Acetaminophen as soon as you get home and every 4 hours throughout the day.
7. After the effects of the sedative have disappeared, give your child clear liquids — water, 7 UP, etc. Later add soft foods such as pudding, jello, applesauce. To avoid severe lip and cheek bites if local anesthesia (Novocaine) has been used, please wait several hours before giving your child solid food.
8. Should any problems or questions arise during the next few hours please call us.
9. We will call you at the end of the day, just to check on things, so please give us your number if you can't be reached at home.

CONSENT FOR TREATMENT

I have been fully informed of, and understand fully, all that is involved in the treatment to be rendered. I certify that no guarantee or assurance has been made as to the results that may be obtained. I am now giving my free and voluntary informed consent to Dr. Jason Decker, Dr. Nancy Cavotta, and/or Dr. Jennifer Charlesworth to perform procedures and treatments, including administration of premedication, local anesthetics, and extractions along with other surgical and dental procedures that may be necessary.

Parent or Guardian

Date

Thank you — for spending the time to read and understand these instructions.

— for becoming part of our growing family of happy young patients and pleased parents,
Dr. Jason, Dr. Nancy, Dr. Jennifer and Staff